



# *Carson Middle School* **ACTIVITIES CATALOG**

Middle School Memories Begin Here

# *8th Grade Activities*

## [Band](#)

[Battle of the Books](#)

[Books and Brushes](#)

[Carson Chorale](#)

[Carson Culture Club](#)

[Carson Television Studio](#)

[Chamber Orchestra](#)

[Chess Club](#)

[Chorus – 8th Grade](#)

[CMS Buddies](#)

[CMS Cheerleading](#)

[Counseling Office Aides](#)

[Fantasy Football](#)

[FCS Club](#)

[GOLD Girls Only Leadership Development](#)

[Interscholastic Baseball](#)

[Interscholastic Boys Basketball](#)

[Interscholastic Girls Basketball](#)

[Interscholastic Cross Country](#)

[Interscholastic Girls Field Hockey](#)

[Interscholastic Football](#)

[Interscholastic Ice Hockey](#)

[Interscholastic Boys Soccer](#)

[Interscholastic Girls Soccer](#)

[Interscholastic Softball](#)

[Interscholastic Track and Field](#)

[Interscholastic Boys Volleyball](#)

[Interscholastic Girls Volleyball](#)

[Interscholastic Wrestling](#)

[Intramural Basketball](#)

[Intramural Golf](#)

[Jazz Band](#)

[Melty Bead Society](#)

[Morning Announcers](#)

[Mountain Bike Club](#)

[National Academic League](#)

[Newspaper](#)

[Orchestra](#)

[Powder Puff Football](#)

[Science Bowl](#)

[Speech and Debate](#)

[Spelling Bee](#)

[Stage Production Crew](#)

[Student Council](#)

[Talent Show](#)

[Technology Student Association](#)

[Walkaholics](#)

[Yearbook](#)

# Band

Band is not just a program, but an exciting class that focuses on performance skills on various band instruments from the Woodwind, Brass, and Percussion instrument families. Emphasis is placed on the development of fundamental skills including posture, breathing, embouchure, fingerings, rhythm counting, music reading, tone, and critical listening. Students get to show off their skills through required in-school and evening concerts throughout the year.

**Grades:** 6, 7 and 8

**When:** during class, select activity periods, afterschool rehearsals, and evening performances

**Where:** band room and auditorium stage

**Cost:** Students must have their own instrument and the instrumental supplies listed in the band handbook which can include reeds, valve oil, cleaning supplies, etc.

**Sponsor:** [Miss Geary](#)



[Table of Contents](#)

# BATTLE OF THE BOOKS

Do you like to read? Do you like to talk about what you read? Or answer trivia questions about books? This is the place for you! Come talk about books with others like you! Space will be limited based on the number of books available in the club.

**Grades:** 6, 7 and 8

**When:** select activity periods from October through March

**Where:** CMS library

**Cost:** none

**Sponsor:** [Mrs. May](#)

[Table of Contents](#)



# Books and Brushes

Do you enjoy reading? Do you enjoy drawing, sketching, or painting? If so, Books & Brushes might be the club for you! Miss Dapper created a club that combines your love of reading and creativity! You will be given a canvas to paint the cover of your favorite book!

**Grades:** 6, 7 and 8

**When:** bi-monthly during selected activity periods

**Where:** room 152

**Cost:** none

**Sponsor:** [Miss Dapper](#)

[Table of Contents](#)



# Carson Chorale

The Carson Chorale is a select ensemble comprised of 8th grade music students. It provides an extracurricular opportunity for male and female singers who strive for a more intense and thorough choral experience. This auditioned group performs at extra school, district, and community events throughout the year.

**Grade:** 8th grade girls and boys in chorus, band, or orchestra

**When:** 7:00-8:00am on Tuesday mornings with additional rehearsals as needed

**Where:** room 162

**Cost:** none

**Sponsor:** [Ms. Bragiel](#)

[Table of Contents](#)



# Carson Culture Club

This club is open to all 7th and 8th graders. We will meet once a month during activity periods. We will promote and celebrate inclusion of all cultures by playing games, listening to guest speakers, doing crafts and working with elementary students who are new to the U.S.A.!

**Grades:** 7 and 8

**When:** once a month during select activity periods beginning in February

**Where:** to be determined

**Cost:** none

**Sponsor:** [Mrs. Gaus](#)

[Table of Contents](#)



# Carson Television Studio

Carson Middle School has a television studio! Multiple cameras! A big green screen! Sound and video boards! The works! The only thing the CTV Studio needs is YOU! We need students to be the on-air talent. We need students to be the behind-the-scenes production talent running the studio from behind the cameras. We need student producers to create, and film shows to put on the air. If this sounds like something that you are interested in, then listen for announcement at the beginning of October for details on how to join CTV!

**Grades:** 7 and 8

**When:** one activity period each week to start beginning in October

**Where:** CTV Studio (Carson Television Studio)

**Cost:** none

**Sponsor:** [Mr. Zunski](#)

[Table of Contents](#)



# Chamber Orchestra

The best string players at Carson come together for Chamber Orchestra to play AWESOME music! Chamber Orchestra is a select group of auditioned students currently participating in string orchestra. Chamber orchestra provides an opportunity for string players to perform more challenging repertoire from a variety of time periods.

**Grades:** 6, 7 and 8 grade students in string orchestra

**When:** To Be Determined

**Where:** room 159

**Cost:** none

**Sponsor:** [Mr. Goodrich](#)

[Table of Contents](#)



# CHESS CLUB

Do you love chess? Do you want to compete against other Carson students who will make you an even better player? If you answered “yes” to either question, come join us during Wednesday Activity Periods! There is only room for 30 students to participate each Wednesday.

**Grades:** 6, 7, and 8

**When:** Wednesday activity period

**Where:** room 206

**Cost:** none

**Sponsor:** [Mrs. Morris](#)

[Table of Contents](#)



# Chorus – 8<sup>th</sup> Grade

The main objective of 8th grade chorus is to develop healthy vocal technique and provide each student a positive and successful choral experience. Through the use of the national and state standards for music education, each student will be given a comprehensive choral education in eighth grade that will prepare them for further musical study at the high school level.

**Grade:** students in 8th grade

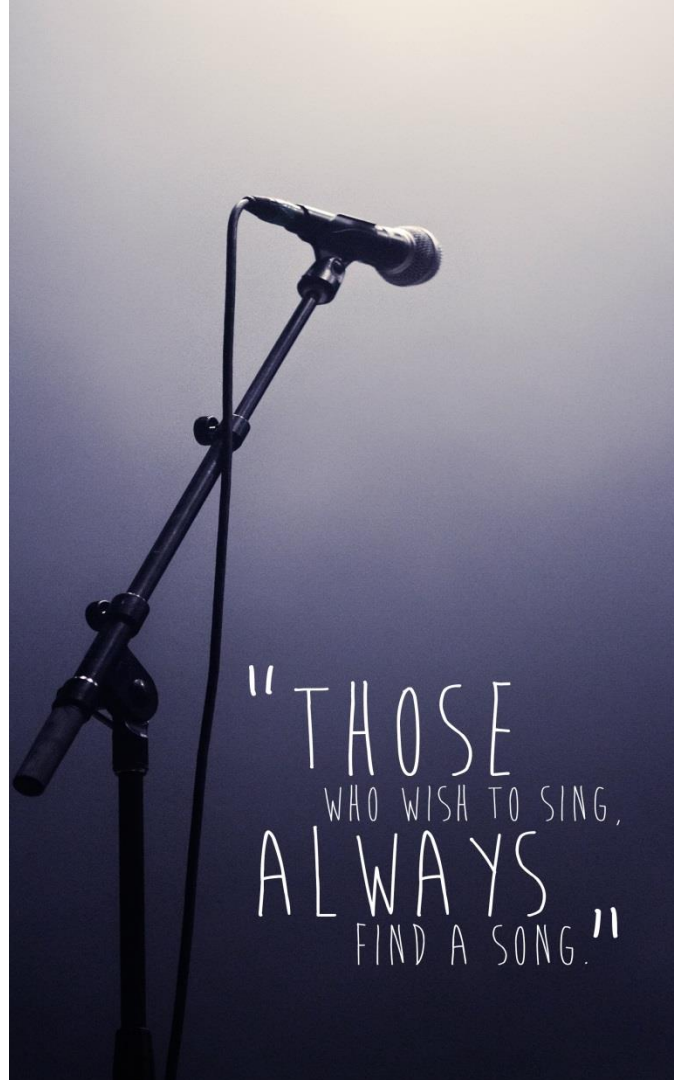
**When:** during class, select activity periods, and evening performances

**Where:** room 162

**Cost:** none

**Sponsor:** [Ms. Bragiel](#)

[Table of Contents](#)



# CMS Buddies

Want to make new friends? Come join Carson Buddies. Carson Buddies finds meaningful ways for students to interact with peers at Carson Middle School with special needs. We encourage an inclusive environment for all students to meet new people and make new friends. Carson Buddies will meet twice a month to participate in fun activities like board games, time in the gym and arts and crafts. This club is limited to 20 students.

**Grades:** 6, 7 and 8

**When:** select activity periods twice a month

**Where:** room 155

**Cost:** none

**Sponsors:** [Mrs. Famoso](#)

[Table of Contents](#)



# CMS Cheerleading

HERE WE GO! BLACK & GOLD! Let's Go TIGERS! Cheerleaders cheer at every home CMS football game as well as girls and boys home basketball games. We perform dances, cheers, and chants to promote crowd participation at games. Cheerleaders are great role models for school spirit!

**Grades:** 7 and 8

**When:** practice once a week and attend games on average 1-2 times a week; season starts in mid August. Tryouts in April/May.

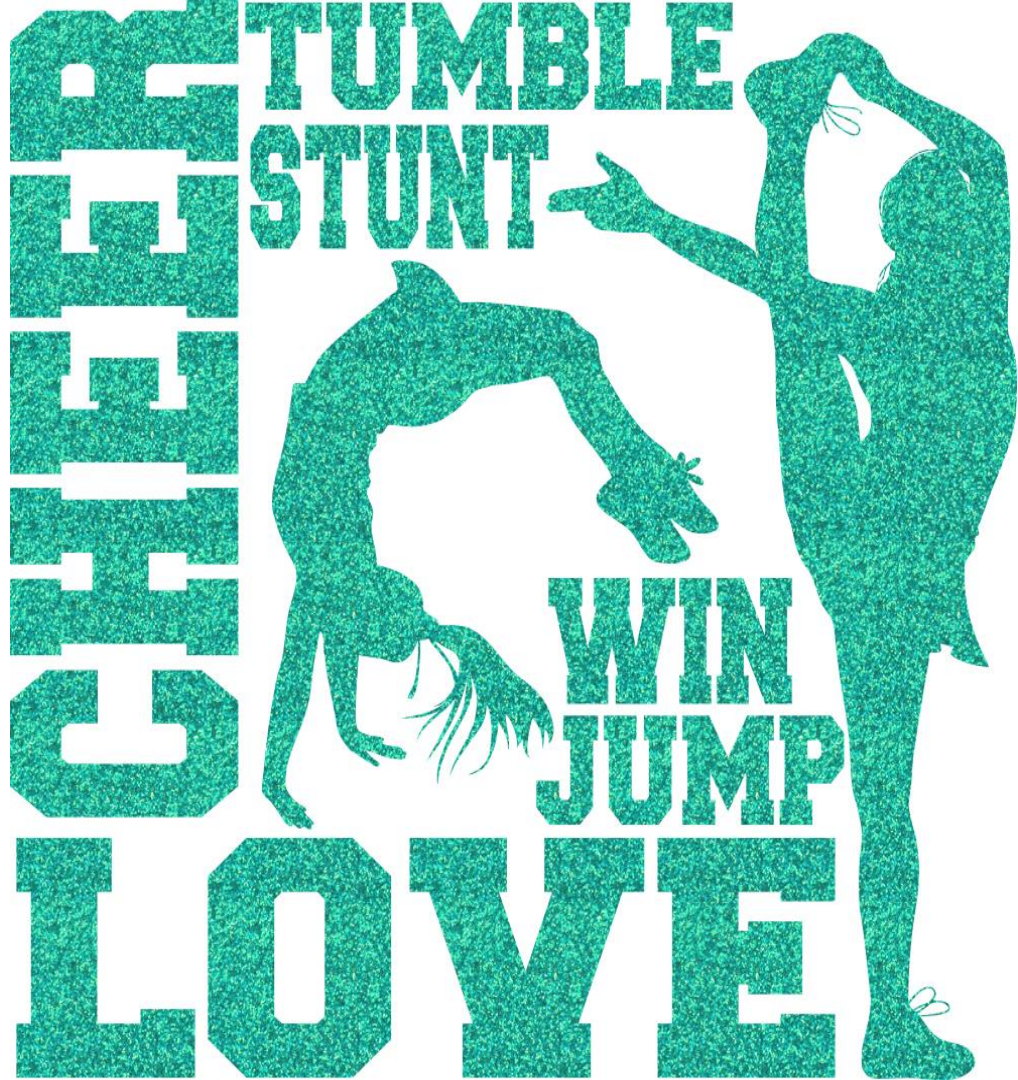
**Where:** CMS gymnasium; various game venues; Check the [Cheerleading Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee; additional costs for booster fees, camp, uniform, bow, tumbling - approximately \$360 for the year; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Cheerleading Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# COUNSELING OFFICE AIDES

The School Counseling Office Aide will assist the Counseling staff with a variety of office tasks and special projects that change throughout the year. Aides will stop by the office every morning to deliver hall passes during homeroom. They will also design and install the office bulletin board several times during the year. Please Note: students can only participate as a Counseling Office Aide for ONE year. Multi-year participation is not permitted.

**Grades:** 6, 7 and 8; The group is limited to 6 people. The first to sign up will be the first to be admitted.

**When:** during morning homeroom and occasionally during activity period

**Where:** Counseling Office

**Cost:** none

**Sponsor:** [Mrs. Frye](#)

[Table of Contents](#)



Guidance Office →

# FANTASY FOOTBALL

The Carson Middle School Fantasy Football Club will meet weekly during the first semester of the 2022-2023 school. Meetings will occur during an activity period each week to discuss fantasy football strategy for the upcoming weekend. All ability and knowledge levels are welcome to attend. The first few meetings of the year will be an introduction to fantasy football basics. As the year progresses, we will spend each week helping each other optimize fantasy football line-ups and discuss waiver adds, drops, start/sit questions, and player rankings to help you win your league!

**Grades:** 6<sup>th</sup> grade to begin; possibly expanding into 7<sup>th</sup> and 8<sup>th</sup> grades at a later time

**When:** one activity period per week during football season

**Where:** to be determined.

**Cost:** none

**Sponsor:** [Dr. McGahee](#)

[Table of Contents](#)



# FCS Club

The Food, Craft, and Sewing Club allows students to explore FCS concepts during Activity Period.

Activities we have done in the past include cookie decorating, no-sew fleece throws, mug cakes, and tie-dye. Due to safety concerns and space restrictions, spots for this club are limited and we will only take 30 students. If you are interested in joining this club, please fill out the [FCS Club Interest Form](#) by September 20th. Club members will be randomly selected if more than 30 students sign up.

**Grades:** 6, 7 and 8

**When:** 1-2 times per month during Activity Period

**Where:** room 151 or 153

**Cost:** \$10 participation fee covers basic expenses. Club members may be asked to purchase additional supplies for more elaborate projects.

**Sponsors:** [Mrs. Banks](#) and [Mrs. Penberthy](#)

[Table of Contents](#)



# GOLD - Girls Only Leadership Development

G.O.L.D. is an annual event in the North Allegheny School District that is offered exclusively to 8<sup>th</sup> grade girls. G.O.L.D. stands for **Girls Only Leadership Development** program. The program is designed to help girls gain the leadership skills needed to succeed in high school and beyond. High school facilitators lead the evening and aid in preparing the 8<sup>th</sup> grade girls for a more seamless transition to high school. It is a wonderful chance for 8<sup>th</sup> grade girls to meet new friends from all three of the middle schools!

**Grade:** 8th grade female students

**When:** February 24, 2023

**Where:** NAI

**Cost:** to be announced

**Sponsor:** to be announced

[Table of Contents](#)



# INTERSCHOLASTIC BASEBALL

This spring sport is part of the W.P.I.A.L. with a twenty-game schedule. There are tryouts in March, and we play other schools throughout the spring. We coach and teach the fundamentals of the game.

**Grades:** 7 and 8

**When:** The season goes from March to the middle of May. There are OPTIONAL workouts prior to the beginning of the season. The team practices every day after school during the season unless there is a game.

**Where:** Check the [Baseball Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Baseball Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# Interscholastic Boys Basketball

Boy's basketball is an interscholastic athletic program with competition between other middle schools in the WPIAL during the winter months. The fundamentals necessary for playing at the varsity level are taught, with emphasis on teamwork and developing a winning attitude. The team plays a twenty-four-game schedule and also enters several tournaments.

**Grades:** 7 and 8

**When:** primarily in the CMS gym; The season goes from mid November to mid February. The team practices everyday after school during the season and most Saturdays.

**Where:** Check the [Boys Basketball Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Boys Basketball Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# INTERSCHOLASTIC GIRLS BASKETBALL

Girl's basketball is an interscholastic athletic program with competition between other middle schools in the WPIAL during the winter months. CMS has 7th and 8th grade teams. Girls receive instruction in basketball fundamentals and game situations. There will be approximately 20 games played each season. Girls' basketball is a wonderful opportunity to develop a good work ethic while being part of a team.

**Grades:** 7 and 8

**When:** November through February

**Where:** primarily in the CMS gym; Check the [Girls Basketball Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Girls Basketball Website](#) or the [Athletic Director's Website](#) for additional information.  
[Table of Contents](#)



# Interscholastic Cross Country

Cross country at the middle school level is a sport in which athletes compete in a race over a course that can range from 1.5 to 2 miles. Boys and girls compete separately. Everyone who participates in practice participates in the meets. Throughout the year we typically run in 7-9 dual meets and 3 invitational meets with sometimes up to 35 teams. North Allegheny runs all three middle schools together as one. We have a tradition of excellence in this sport that is exceeded by no other, and we welcome anyone interested to join us and give it a shot.

**Grades:** 7 and 8

**When:** Generally, the 2nd week of August to the 2nd week of October. Practice Monday through Friday.

**Where:** Check the [Cross Country Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Cross Country Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# Interscholastic Girls Field Hockey

This is a fast-paced sport with competition between other schools. Students from Carson, Ingomar, and Marshall Middle Schools form one team. The participants are taught the fundamentals of field hockey. Students will practice and compete against other teams in the area.

**Grades:** 7 and 8

**When:** Mid August through end of October

**Where:** Check the [Girls Field Hockey Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Girls Field Hockey Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# Interscholastic Football

Football is an interscholastic program with competition between other middle schools in the WPIAL. Participants learn about the various positions and responsibilities along with the fundamentals of the game and game strategies.

**Grades:** 7 and 8

**When:** Practice begins a week before school starts and continues until the end of October.

**Where:** Check the [Football Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Football Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# *Interscholastic Ice Hockey*

This is an energetic fast paced sport with competition between other schools. Students from Carson, Ingomar, and Marshall Middle Schools form one team. The participants are taught the fundamentals of ice hockey.

**Grades:** 7 and 8

**When:** winter months

**Where:** Check the [Ice Hockey Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Ice Hockey Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# INTERSCHOLASTIC BOYS SOCCER

Students from Carson, Ingomar, and Marshall are selected to participate on one of two interscholastic teams. The two teams play against other middle school teams in the WPIAL. The participants are taught the fundamentals of soccer.

**Grades:** 7 and 8

**When:** mid August through October

**Where:** Check the [Boys Soccer Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Boys Soccer Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# Interscholastic Girls Soccer

There are two middle school teams, one for each grade: a 7th grade team and an 8th grade team. The teams are comprised of girls from all three middle schools: CMS, IMS, and MMS. The girls play roughly 20 games a season against schools within area. The home field, where both practices and home games are held, is located at MMS.

**Grades:** A student must try out in the fall and would have to be in the 7th or 8th grade at the start of the school year.

**When:** End of August through End of October

**Where:** Check the [Girls Soccer Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; Once a player makes the team there will be booster association fees involved. For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Girls Soccer Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# Interscholastic Softball

Slow-pitch softball is a fall sport that provides students the opportunity to represent their school while competing against other Western Pennsylvania school districts. Academics, hard work, teamwork, and determination are areas of emphasis as these young ladies participate in what is truly a life-long activity.

**Grades:** 7 and 8

**When:** August through October

**Where:** Check the [Softball Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check [Softball Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# Interscholastic Track and Field

Students as a member of a team, individually and collectively compete in up to 3 of the following areas: Sprinting and distance running (100 meters, 200, 400, 800, 1600), Relays (4x100, 4x400, 4x800), Throwing Shot or Discus, Pole vaulting, (100 and 110) Hurdling, and Long, Triple or High Jumps. All technique areas will be taught and practiced. Students will participate in both dual meets and invitationals. Team competition includes six to seven dual meets and three invitationals against other middle schools. No experience necessary.

**Grades:** 7 and 8

**When:** Spring (March-May) after school 3:15-5:15 practices, longer for meets.

**Where:** NAI track; Check the [Track and Field Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Track and Field Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# Interscholastic Boys Volleyball

Boys can tryout and participate in a volleyball program that has as its objective to teach basic volleyball skills and to develop the team concept. This team plays against other middle school teams in the WPIAL.

**Grades:** 7 and 8

**When:** The season goes from early March to mid-May. The team practices everyday after school at NASH during the season.

**Where:** NASH gym; Check the [Boys Volleyball Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Boys Volleyball Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# *Interscholastic Girls Volleyball*

The Carson girls are paired up within the district with the 9th grade girls volleyball players to form the Gold teams which compete against other 7th, 8th, and 9th grade teams in the area. The girl's volleyball program teaches basic volleyball skills and develops the team concept.

**Grades:** 7 and 8

**When:** The tryouts for girl's spring volleyball are conducted in early February and the season ends in mid-April. The team practices or competes after school every day with an occasional Saturday practice or tournament. Practices and matches take place at the Intermediate School (the girls walk between buildings).

**Where:** Check the [Girls Volleyball Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season and \$10 towards the purchase of a jersey which the players keep; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Girls Volleyball Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# Interscholastic Wrestling

The students compete against other schools in the WPIAL in 18 individual weight classes on a weekly basis and in weekend tournaments. The sport tests a student's overall strength, quickness, and endurance. There are no try-outs in order to make the team.

**Grades:** 7 and 8

**When:** The season goes from mid November to mid February with practices every night from 3:15-5:30

**Where:** NAI gym; Check the [Wrestling Website](#) or the [Athletic Director's Website](#) for additional information.

**Cost:** \$75 participation fee per season; For additional information about activity fees visit the [Participation Fee Website](#).

**Athletic Participation Requirements:** Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

**Coach:** Contact the Athletic Directors office at 724-934-7238 or check the [Wrestling Website](#) or the [Athletic Director's Website](#) for additional information.

[Table of Contents](#)



# Intramural Basketball

Get ready to play some hoops! If you enjoy playing basketball for fun or have always wanted to give basketball a try, sign up to play after school basketball games with your homeroom.

**Grades:** 6, 7 and 8

**When:** October to November on select days from 3:00-4:30. Join us for tournament style play that changes daily. Exact times will vary depending on CMS basketball team practice and game schedules.

**Where:** CMS gym

**Cost:** \$25 Intramural participation fee. For additional information about activity fees visit the [Participation Fee website](#).

**Sponsor:** [Mr. McCusker](#)

[Table of Contents](#)



# Intramural Golf

Students will learn the basics for playing the sport of golf. Mr. Niven teaches the proper grip, stance, and swing at the nearby Pennsylvania Golf Academy.

**Grades:** 6, 7 and 8

**When:** after school hours from April through mid May

**Where:** room 211

**Cost:** \$25 Intramural participation fee. For additional information about activity fees visit the Participation Fee [website](#). There will be an additional fee to cover the cost of golf balls and range time.

**Sponsor:** [Mr. Niven](#)

[Table of Contents](#)



# Jazz Band

Do you play a band instrument or guitar, piano, or bass? If you do, you may audition in the fall to be part of the Carson Middle School Jazz Band! Members of the Jazz Band will rehearse and perform music that pertains to the jazz style of music. There are approximately 4-6 performances annually. Rehearsal and concert attendance is mandatory. Independent practice outside of school rehearsals is a must. Auditions will occur in late September or early October

**Grades:** 6, 7 and 8

**When:** October through June; Friday mornings before school from 7:00-8:00 am; Additional after school rehearsals are held Mondays immediately after school approximately three times a year and will be announced near the beginning of the year.

**Where:** band room

**Cost:** Students must have their own instrument and pay the \$25 NASD Activity Fee. For additional information about activity fees visit the Participation Fee [website](#).

**Sponsor:** [Miss Geary](#)

[Table of Contents](#)



# Melty Bead Society

Do you love designing melty bead creations? Are you a fan of pixel-based art? If so, you should consider joining the Carson Melty Bead Society! We meet after school on select Tuesdays in the Spring to work on individual and group melty bead projects. Join us!

**Grades:** 6, 7 and 8

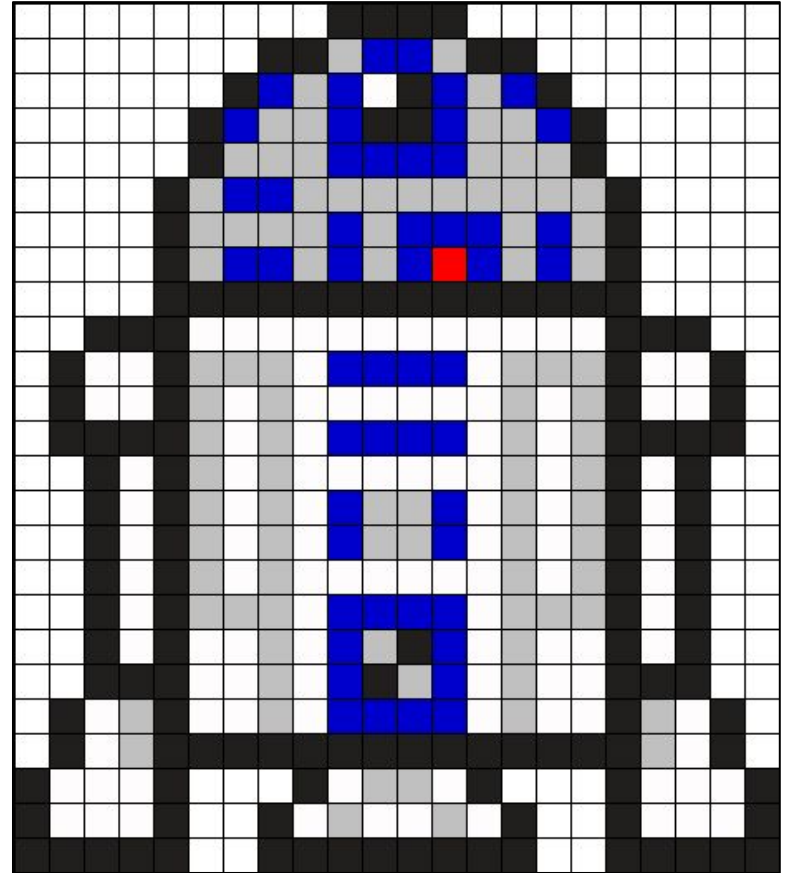
**When:** starting in the spring

**Where:** Art Studio 136 @ CMS

**Cost:** \$5 participation fee. The fee will be used to purchase unique perler bead colors and extra templates for the students to make larger bead creations.

**Sponsor:** [Mr. Medwick](#)

[Table of Contents](#)



# Morning Announcers

For any energetic students who like to talk. Announcers will make announcements every morning with a team of other students. Teams will rotate throughout the year, so that everyone who wants to participate will have a chance to deliver the announcements.

**Grade:** 8

**When:** during AM homeroom; Students will need to follow the schedule for their specific time.

**Where:** front office

**Cost:** none

**Sponsor:** [Mrs. Gottron](#) and [Mr. Zunski](#)

[Table of Contents](#)



# Mountain Bike Club

Do you love to ride mountain bikes? Have you ever wondered what it takes to ride a mountain bike? In this fun club students will ride mountain bikes during activity periods. Riders will have the opportunity to improve their mountain biking skills and learn more about this lifetime activity.

**Grade:** 6, 7 and 8

**When:** September - November

**Where:** CMS gym

**Cost:** \$10

**Sponsors:** [Mr. Krawchyk](#) and [Mr. McCusker](#)

[Table of Contents](#)



# National Academic League

Do you like trivia games? NAL is a national recognized team that competes locally against other middle schools. This is a fun, exciting, fast paced team that works together solving word puzzles and other scenarios. Come and join the fun!

**Grades:** 6th, 7th and 8th grade students who score the minimum on a screening test

**When:** Tuesdays and Wednesdays after school beginning in December.

**Where:** CMS Library

**Cost:** \$25 Participation Fee; For additional information about activity fees visit the Participation Fee [website](#); Additional \$20 CMS NAL fee that covers transportation and game supplies

**Sponsor:** Mrs. Morris



## Table of Contents

# Newspaper

The Carson Chronicles, a student newspaper, reflects the ideas of the students, staff, and community of CMS. The Carson Chronicles gives the opportunity for students to take pictures, interview, and write stories that are found in four editions that are published and distributed to the students of CMS throughout the school year. The electronic version of the paper will be published on the school website for people outside of CMS to read.

**Grades:** 6, 7 and 8

**When:** two activity periods per month from mid September through May

**Where:** room 211

**Cost:** none

**Sponsor:** [Mr. Niven](#)

[Table of Contents](#)



# Orchestra

Orchestra consists of any student with experience playing a stringed instrument (violin, viola, cello, bass). The orchestra performs literature of varying styles and time periods throughout the school year. Students must practice and prepare literature at home and perform in annual concerts during the school day and outside of school.

**Grades:** 6, 7 and 8

**When:** select activity periods

**Where:** orchestra room

**Cost:** none

**Sponsor:** [Mr. Goodrich](#)

[Table of Contents](#)



# Powder Puff Football

Powder Puff Football - Eighth grade girls will learn the rules for flag football. Everyone will get a chance to tryout different positions. The Carson team will take on Ingomar and Marshall Middle Schools on Monday November 7th.

**Grade:** 8<sup>th</sup> grade girls

**When:** two activity periods per week from September through November 7th

**Where:** orchestra room

**Cost:** optional \$25 game day jersey t-shirt

**Sponsor:** [Mrs. Rusnic](#) and [Mr. Trocchio](#)

[Table of Contents](#)



# Science Bowl

A Science & Math knowledge quiz bowl. Students will spend two days a month preparing for the one Saturday in March competition held at CCAC South campus going against teams from the tri-state region.

**Grades:** 6, 7, and 8

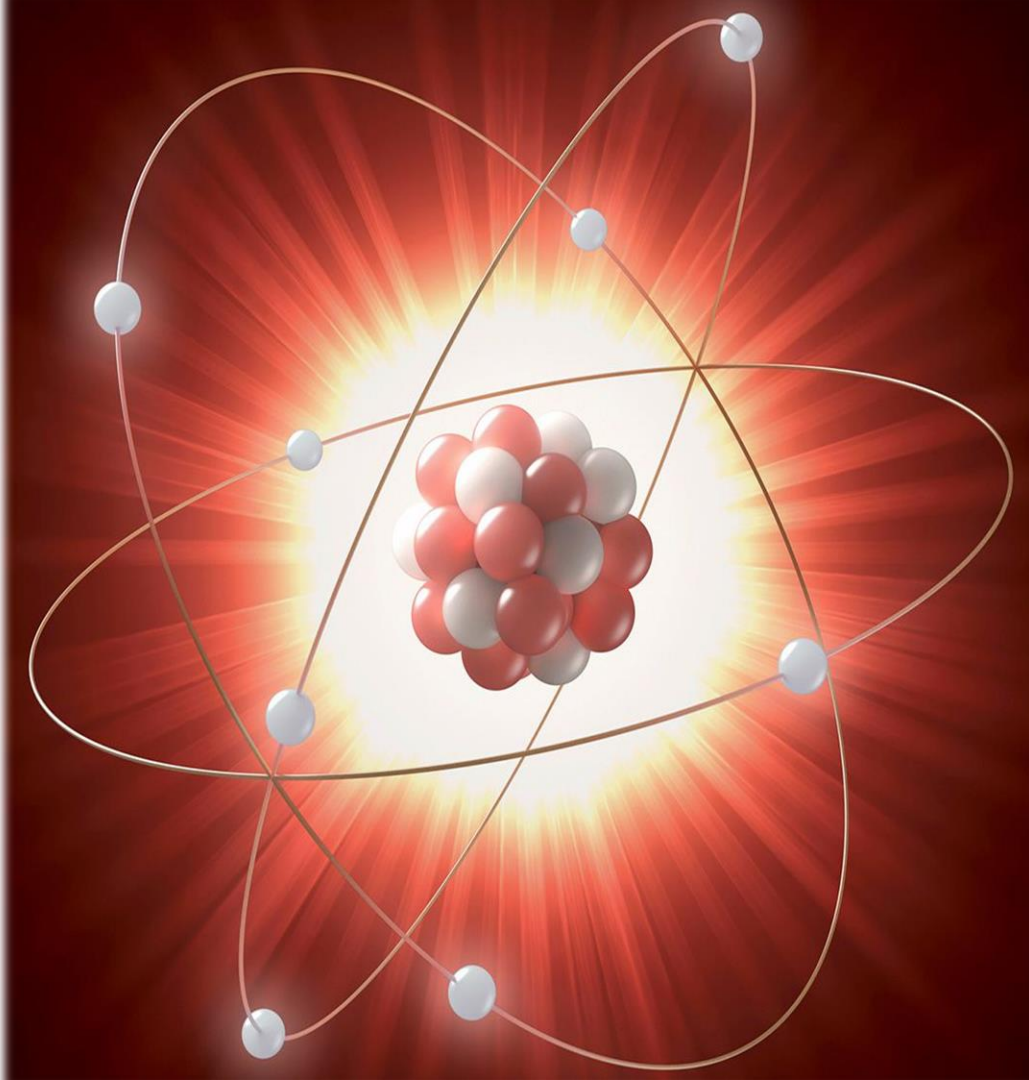
**When:** two days after school from mid October through mid March

**Where:** CMS

**Cost:** none

**Sponsor:** [Mr. Niven](#)

[Table of Contents](#)



# Speech and Debate

Do you like to argue? Do you like to talk to an audience? Are making speeches something that's fun? OR Would you like to improve your public speaking skills? Then this is the club for you! Students will gain experience in a chosen method of public speaking while working with experienced high school speech and debate students. Come and learn about the junior edition of the largest club at the high school.

**Grades:** 6, 7 and 8

**When:** select days after school

**Where:** CMS

**Cost:** none; Students will have the option to join the National Junior Forensic League for \$10.

**Sponsors:** [Mrs. Morris](#) and [Mr. Zunski](#)

[Table of Contents](#)



# Spelling Bee

Any student that is interested in trying out for the school wide spelling bee is allowed. Students will need to sign up in the main office and take a pre-test. Based off the results the students that qualified will participate in a school wide bee in the auditorium.

**Grades:** 6, 7 and 8

**When:** A preliminary round will be held in January during activity period for all interested students. Those who qualify will take part in an all-school Spelling Bee in February. The school champion will go on to compete in a regional competition.

**Where:** Activity Period

**Cost:** none

**Sponsor:** [Mrs. Morris](#)



[Table of Contents](#)

# STAGE PRODUCTION CREW

Students are trained in all aspects of stage production including sound, lighting, and prop management for the talent show, concerts, and assemblies.

**Grades:** 6, 7 and 8

**When:** select days during the school year; after school in January and February

**Where:** CMS stage

**Cost:** none

**Sponsor:** [Mr. Goodrich](#)

[Table of Contents](#)



# Student Council

We are the voice of the school! We help plan and fund events that make our school great! We need leaders from all grades.

**Grades:** 6, 7 and 8

**When:** one activity period each month

**Where:** room 152

**Cost:** none

**Sponsors:** [Miss Dapper](#) and [Mrs. Miller](#)

[Table of Contents](#)

SERVICE

with pride

LEAD

with confidence

INSPIRE

to impact lives.

# Talent Show

Tryouts and a series of practices lead to an entertaining event filled with the many talents of the CMS students. The talent show features various acts including singers, dancers, musicians, magicians, and more! Talent Show participants perform once in an evening show for parents and once in school for their peers.

**Grades:** 6, 7 and 8

**When:** Rehearsal and show times will be announced.

**Where:** auditorium

**Cost:** \$25 participation fee; Students also provide their own props and costumes. For additional information about activity fees visit the Participation Fee [website](#).

**Sponsor:** [Mrs. Schluep](#)

[Table of Contents](#)



# Technology Student Association

Do you love technology? Do you like to create things and work with your friends? If so, TSA is for you! You will have the opportunity to compete against students your age from all over the state in a variety of Tech Ed. related events like, Manufacturing, Robotics, Video Game Design, Graphic Design and Prepared Speech. And that is not it, there is more! Be a part of TSA to develop leadership skills and make new friends. Visit the National TSA [website](#) for additional information.

**Grades:** 6, 7 and 8

**When:** select activity periods and some mornings before school

**Where:** Tech Ed rooms

**Cost:** TBD at this time. If you choose to compete at the state level, additional fees are required to attend.

**Sponsors:** [Mr. Niven](#)

[Table of Contents](#)



# WALKAHOLICS

Do you like to walk? Do you like to talk to your friends? Join the Walkaholics! We will walk outside, get fresh air, get our steps in, and chat with friends! Grab your friends and get walking with us!

**Grades:** 6, 7 and 8

**When:** During Activity Period when weather permits. Announcements will be made when we will hold sessions.

**Where:** room 118B

**Cost:** none

**Sponsors:** [Mrs. Ewing](#), [Mrs. Garvin](#), [Mrs. Hefner](#), [Miss Kearney](#) , and [Mrs. Perry](#)

[Table of Contents](#)



# YEARBOOK

This is a book of memories of your time here at CMS, your best friends, and your favorite teachers! The CMS yearbook has all of that and much more. Students who volunteer to work on this project take pictures, design, and layout all of the pages in yearbook. Be a part of this fun, memorable project! Yearbook. Weekly meetings starting at 7:30 am will be held for designing. After school time will be need dedicated to taking pictures of groups and sports teams.

**Grades:** 6, 7 and 8

**When:** weekly 7:30 am meetings and after school from mid September through mid April

**Where:** room 213 and Library Computer Lab

**Cost:** none

**Sponsor:** [Mrs. Brusoski](#)

[Table of Contents](#)

